



2026 New Zealand iQ Windfoil National Championship
and
2026 New Zealand iQFoil World Championship Selection Trials

February 6th – 8th 2026

NOR and SAILING INSTRUCTIONS

The Organising Authority is the Milford Cruising Club (MCC)
24 Craig Road | Milford | Auckland 0620

- [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.
[DP] denotes a rule for which a standard penalty may be applied by the Race committee without a hearing or a discretionary penalty applied by the Protest committee with a hearing.
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1. Rules

- 1.1 The event will be governed by the 'Rules' as defined in the Racing Rules of Sailing (RRS), including Appendix B.
- 1.2 The Yachting New Zealand Safety Regulations shall apply.
- 1.3 [DP] All sailors shall wear buoyancy vests, impact vests, or lifejackets at all times while afloat.
- 1.4 [DP] A suitable protective helmet must be worn at all times while afloat.
- 1.5 [DP] Competitors shall comply with RRS 87.1 at all times.
- 1.6 During long-distance races each sailor may be required to carry a flare and may also be asked to carry a tracking device and/or application associated with the sailors mobile phone.
- 1.7 Appendix T, Arbitration, will apply.

2. Notice of Race and Sailing Instructions

- 2.1 This document is posted on windfoil.nz. Printed copies will NOT be provided.

3. Eligibility and Fees

- 3.1 The regatta is open to all windsurfing boards on foils.
- 3.2 The Entry Fee is NZD\$180.00 There will be no refund if entered competitors withdraw their entry after the entry deadline.
- 3.3 Eligible boards may enter by completing the entry form and submitting it, together with the required fee, at windfoil.nz either by credit card or direct bank transfer by 1800 on the 2nd February 2026. Payment details will be on the windfoil.nz website.
- 3.4 [DP] Competitors will need to submit their equipment serial numbers as part of this form and to comply with measurement
- 3.5 Late entries will not be accepted.
- 3.6 To be eligible to compete in this event each competitor shall be a financial member of a club recognised by the competitor's national authority. Proof of affiliated club membership shall be presented at registration.
- 3.7 New Zealand competitors shall be members of Windfoil New Zealand Inc. New Zealand.
- 3.8 New Zealand competitors must display a Windfoil New Zealand registered sail number. International Competitors shall comply with the New Zealand equivalent or similar.
- 3.9 All competitors in the Youth Class shall be under the age of 19 years on 31 December 2026. All competitors in the Junior Class shall be under the age of 17 years on 31 December 2026.

4. Advertising

- 4.1 Sailors may be required to display advertising chosen and supplied by the Organising Authority.
- 4.2 Event lycra, if provided, shall be worn outside any other clothing or equipment at all times when afloat and during media interviews ashore.
- 4.3 Regatta lycra and stickers shall not be cut, trimmed or altered in any way.

5. Notice to Competitors

- 5.1 Notices to competitors will be posted on the Official Notice Board. All competitors will be added as members of a Whatsapp Event community. Failure to receive or read any official notice will not be grounds for redress. This changes RRS 61.1.
- 5.2 Any change to these Sailing Instructions will be posted on the Official Notice Board at least 60 minutes before the scheduled start of the first race affected, except that any changes affecting the first possible start of the next day's racing shall be posted not later than 2000hrs on the day before.

6. Signals Made Ashore

- 6.1 Signals made ashore will be displayed via the Official Notice Board. Refer to 5.1 above.
- 6.2 Signals made over a class flag apply to that class only.
- 6.3 A boat shall not go afloat until flag D is displayed ashore. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed.

7. Event Schedule

- 7.1 The daily schedule will be determined by weather forecast and conditions.
- 7.2 Registration will be downstairs in the Wairau Room at the MCC
- 7.3 Equipment inspections may take place at any time during the event.
- 7.4 Event Schedule and briefings:

Date:	From:	To:	Event
Fri 6th	0800	0930	Registration
Fri 6th	0930	1000	Briefing
Sat 7th	0915	0930	Briefing
Sun 8th	0915	0930	Briefing

- 7.5 Racing Schedule:

Date:	Time of the First Warning Signal:	No Warning signal shall be made after:
Fri 7th	1130	1800
Sat 8th	1000	1800
Sun 9th	1000	1530

- 7.6 In consultation with the Class Association, a 'daily intended race schedule and format', and the scheduled time of different types of races may be published on the Official Notice Board or announced at the daily briefing.
- 7.7 On the last day of racing no warning signal will be made after 1530hrs.
- 7.8 The prize giving will be held as soon as reasonably possible after the completion of racing.

8. Format of Racing

- 8.1 Racing will be a mix of windward/leeward, and Slalom courses. Refer to **Addendum B**
- 8.2 If conditions allow there will be a marathon race that will count towards a sailors score.






9. Equipment and Measurement [DP][NP]

- 9.1 iQ Competitors will submit their equipment serial numbers on the entry/registration form.
- 9.2 Any board or equipment may be checked for compliance with these Sailing Instructions at any time.

9.3 A competitor may replace equipment that is damaged and beyond immediate repair. Any replacement equipment must be notified to the Race Committee immediately after racing. Damaged items are to be sighted.

10. Divisions and Class Flags

10.1 The class flags, divisions, and equipment to be used are described below.

Fleet and Class Flags	Division	Equipment to be used
	iQFOil Male ≥19y @ 31 Dec 2026 iQFOil Youth Male (<19y at 31 Dec 2026)	8M iQ Foil Equipment
	iQFOil Women (≥19y @ 31 Dec 2026) iQFOil Youth Female (<19y at 31 Dec 2026)	7.3M iQ Foil Equipment
	iQFOil Junior (<17y at 31 Dec 2026)	6M iQ Foil Equipment
	iQFOil Youth (<19y at 31 Dec 2026)	7M iQ Foil Equipment
	Open Men and Women	<u>Board:</u> Max Width 100.5cm <u>Foil:</u> 1 mast any size 2 fuselage any size 2 front wings any size 2 back wings any size <u>Sails:</u> Any three sails, Men max sail area: 9.5M Women max sail area: 8M

11. Racing Area

11.1 The Race Area will be the waters of the Hauraki Gulf off Castor Bay and the Milford Cruising Club. The indicative location within the Race Area will be communicated to sailors at the daily briefing.

12. Courses

- 12.1 The diagrams in Addendum B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 12.2 The map in addendum A shows the approximate course locations.
- 12.3 The Race Committee will determine the race format and the courses at their discretion.
- 12.4 If more than one race format and/or if more than one course option is prescribed for the day's racing, no later than one minute before the warning signal the Race Committee signal vessel shall display the course to be sailed.
- 12.5 For the Silver and Open Fleets only, any Course Racing will consist of one lap, and will be discussed with the fleet at the briefing each day

13. Marks

- 13.1 The starting marks, finishing marks, and marks on the course will be described at the daily briefing.

14. The Start

- 14.1 The starting line will be between a staff displaying an orange flag on the starting vessel at the starboard end and the port-end starting mark.
- 14.2 To alert boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least 2 minutes before a warning signal is made. No sound will be made when the flag is lowered.
- 14.3 The following start sequence will be used:

Minutes before starting signal	Visual Signal	Sound Signal	Meaning
5	Orange Flag displayed	one long	
3	Class Flag displayed	one	warning
2	U or Black flag displayed	one	Preparatory
1	U, or Black flag removed	one long	one minute
0	Class flag removed	one	start
2	Orange flag removed	none	start closed

- 14.4 A boat starting later than 2 minutes after their starting signal will be scored Did Not Start "DNS" without a hearing. This changes the DPS.

15. Change of Course

- 15.5 From the time of the Class flag being displayed, the courses will not be changed.

16. The Finish

- 16.1 The finishing line will be between a staff displaying a blue flag on the finishing vessel at one end and the orange buoy at the other end.
- 16.2 A finish position will be given to Silver fleet competitors if the finish time window has passed. The position will be taken from the last mark rounding.

17. Target Times and Time Limits [NP]

Course	TARGET TIME	FINISH WINDOW	TIME LIMIT
Slalom	6 min	4 min	8 min
Course	16 min	6 min	23
Marathon	60 min	30 min	90. min

18. Penalty System

- 18.1 RRS 44.1 is changed to a penalty consisting of, upwind, one tack and downwind one gybe (360 degrees) to be done continuously and as soon as possible.
- 18.2 Alternatively, in accordance with RRS 44.1 of Appendix B, a competitor may elect a Scoring Penalty in lieu of completing a One-Turn penalty. The Scoring Penalty will be 2 points added to the competitor's finishing place in that race.

19. Scoring

- 19.1 There will be 7 scoring divisions as per 9.1 above.
- 19.2 There must be a total number of 4 entrants to constitute a division
- 19.3 5 races are required to constitute a series.
- 19.4 When fewer than 5 races have been completed, a board's score will be the total of her race scores.
- 19.5 When from 6 to 8 races have been completed, a board's score will be the total of her race scores excluding her worst score.
- 19.6 When 9 or more races have been completed, a board's score will be the total of her race scores excluding her two worst scores.
- 19.7 A course race will be scored as a single race in a series
- 19.8 A sprint slalom race will be scored as a single race in a series.
- 19.9 A marathon will be scored as two races in a series The score for any marathon race shall not be excluded. This changes RRS Appendix A.

20. Safety

- 20.1 Competitors shall, within 30 minutes of departing or coming ashore, sign-on each time they leave the shore to enter the course and shall sign-off each time they come ashore from the course. The sign off/sign on station will be located at the northern end of the beach adjacent to the MCC launching ramp.
- 20.2 Boards not leaving shore for the day's races shall notify the Race Committee as soon as possible. A board that retires from a race shall notify the Race Committee as soon as possible.
- 20.3 Failure to comply with Safety rules will result in a penalty point. [DP].

21. Official Boats including Support and spectator.

- 21.1 Official boats will be as described at the briefing.
- 21.2 All support vessels shall keep at least 100m from the racing area whilst boats are racing.
- 21.3 Sufficient personal flotation devices for each crew member must be carried or worn in all support vessels at all times in accordance with New Zealand Maritime Law.
- 21.4 Kill-cords must be worn at all times.

22. Insurance

- 22.1 All competitors must provide evidence of valid marine third party insurance for an amount not less than NZ\$1,000,000 (or equivalent) per incident. This cover must be extended to include racing cover. Third party insurance can be purchased through the following link on Yachting New Zealand's website:
<https://www.yachtingnz.org.nz/overseas-regatta-and-transit-insurance-proposal>

23. Radio Communications

- 23.1 Except in an emergency, a board shall neither make radio transmissions while racing nor receive radio communications not available to all boards. This restriction also applies to mobile telephones.

24. Drug Testing

- 24.1 Competitors are reminded of the World Sailing rules and regulations concerning the use of banned methods and substances, which are contained in the World Sailing Anti-Doping Code. Drug testing may take place during this event.

25. Prizes

- 25.1 National Champions will be recognised in accordance with Yachting New Zealand Regulation 4.5.4.
- 25.2 The following prizes for the event may be given at the discretion of the Class Association:
- 1st / 2nd / 3rd 8M men
 - 1st / 2nd / 3rd 7.3M women
 - 1st / 2nd / 3rd 8M Youth men
 - 1st / 2nd / 3rd 7.3M Youth women
 - 1st / 2nd / 3rd 7,6,5 Junior Women and men combined
 - 1st Open Man
 - 1st Open Women
 - 1st / 2nd / 3rd NZ masters/Grand Master

26. Disclaimer of Liability

26.1 Competitors participate in the event entirely at their own risk. See RRS Rule 4, Decision to Race. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

27. Media Rights, Cameras and Electronic Equipment

27.1 By entering the event, competitors automatically grant Yachting New Zealand, and the Organising Authority and their sponsors, the right in perpetuity to make, use and show from time to time at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of them or their equipment, taken during the period of the regatta, for the said regatta as defined in the Notice of Race and Sailing Instructions in which he/she participates without compensation.

28. Protests and request for redress

28.1 Please note clause 18.2 and the 'Scoring Penalty' system being offered.

28.2 Protest forms are available at the Race Office, located downstairs in the MCC. Club Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

28.3 DP][NP] Boards retiring from racing after finishing shall notify the Race Office before the end of the protest time limit.

28.4 The protest time limit is 60 minutes after the last board has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.

28.5 Notices will be posted on the official notice board located at the front entrance of the Milford Cruising Club within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Wairua Room to the right of the main entrance. Hearings may start before the scheduled time with the agreement of all parties.

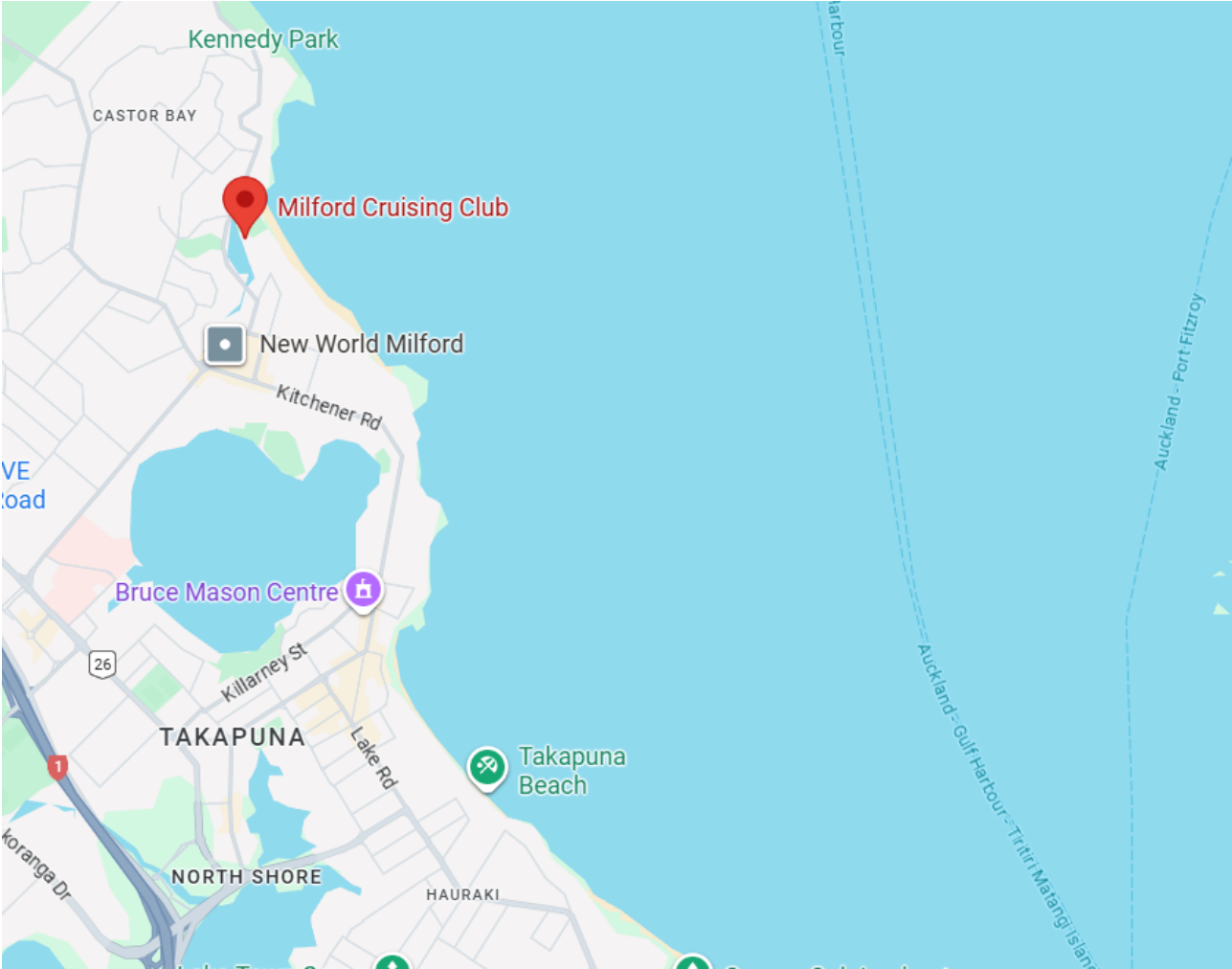
29. World Championship Selection Criteria

29.1 This event is the New Zealand selection event for the 2026 iQ Foil World Championships scheduled to be held at Weymouth in September 2026.

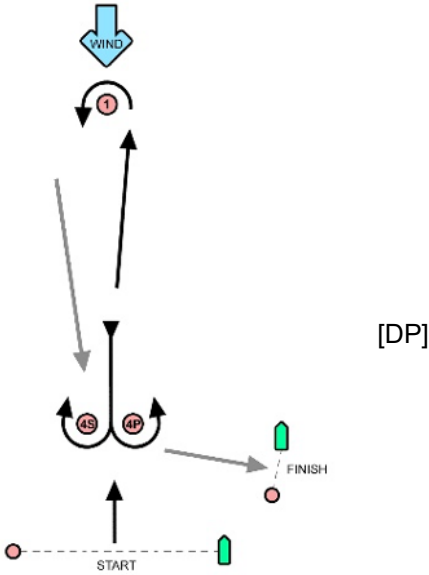
29.2 There are three (3) places available for New Zealand competitors who are members of WindFoil New Zealand. These places are in addition to individuals who have already qualified prior to this event due to their International iQ Foil Class Association World Rankings.

30. For further information please contact:

Gary Hill
President Windfoil New Zealand
0272992725
garyhillnz@gmail.com

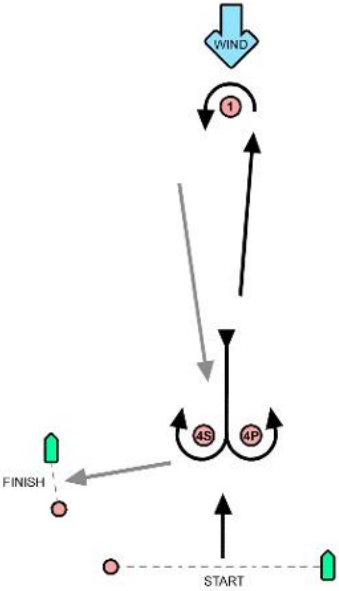


ADENDUM B - Courses



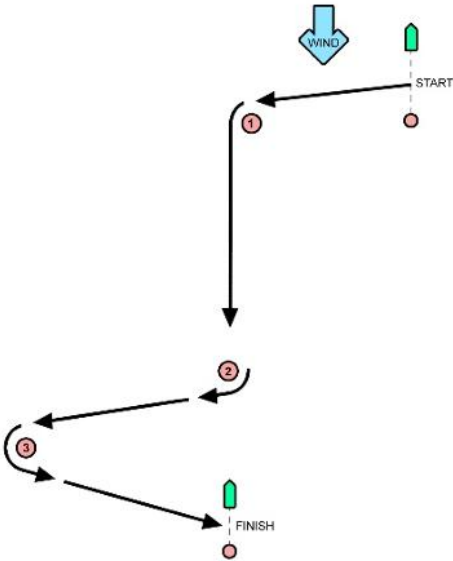
WL2P

Start,1, 4S/4P,1 4S/4P Finish



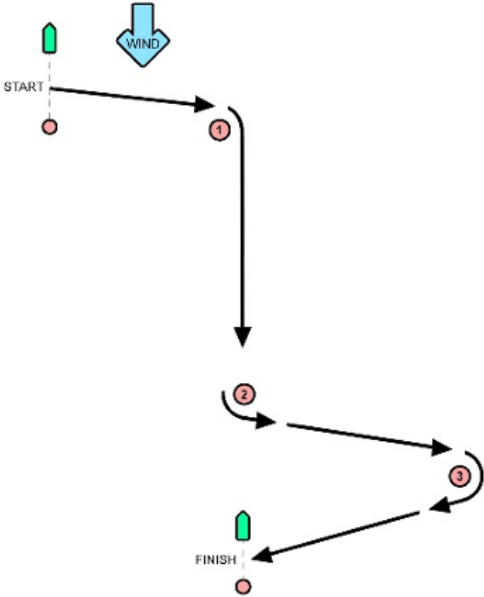
WL2S

Start,1, 4S/4P,1 4S/4P Finish



SL1S

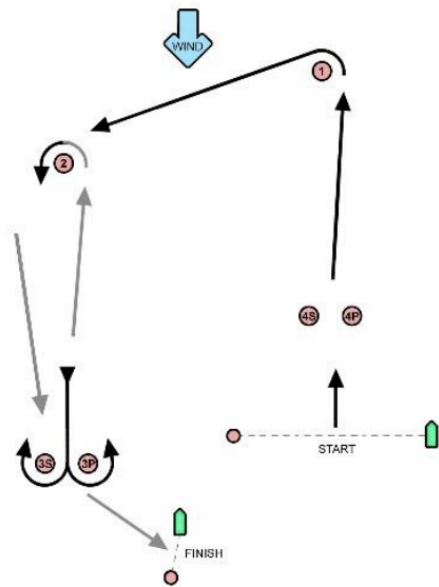
Start,1,2,3, Finish



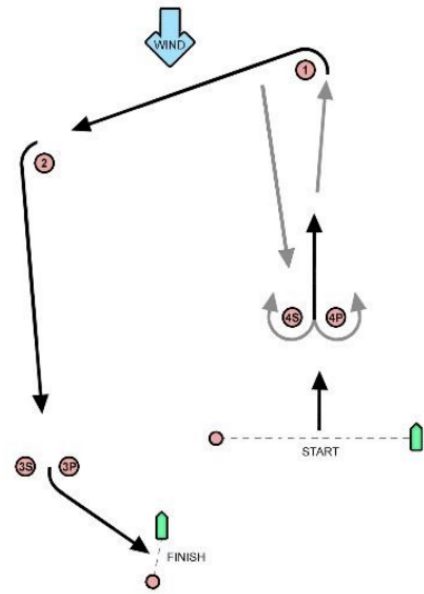
SL1P

Start,1,2,3, Finish

Course racing – Trapezoid course



Signal	Mark rounding order
O2	Start-1-2-3S/3P-2-3P-Finish



Signal	Mark rounding order
I2	Start-1-4S/4P-1-2-3P-Finish

If a marathon race is to be held then the course will be explained at the briefing