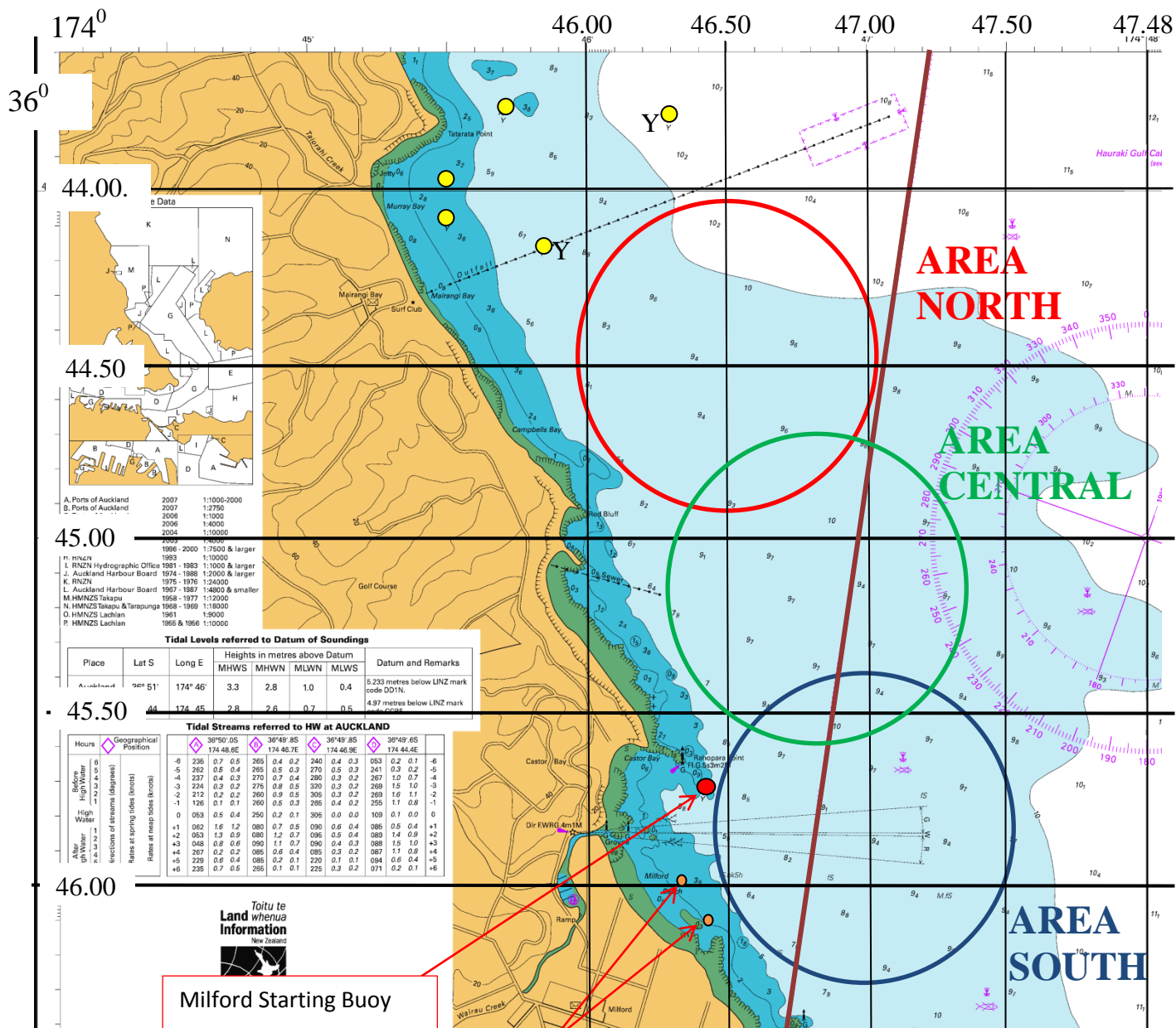




MCC OLYMPIC COURSE AREAS (Circle Diameter 0.8nm)



Milford Starting Buoy

200m marks

Cable Protection Area - no anchoring east of this line

Approximate Leg length Calculation		Total	Time Mins & Secs
Av Boat Speed (knots)	Leg Length (nm)		
Upwind (2) Legs	3.5	2.0	34'.17"
Downwind (2) Legs	7	2.0	17'.08"
Total Time Legs 0.8 - 1.0 n.m. each			51'.25"